



## **Workshop Abstract**

### **Session: Attitudes of Excellence**

The last several years have taken a toll on employees both financially and mentally. As a result, many know WHAT to do to excel, but struggle with the energy and focus needed to truly take their game to the next level. The goal of this workshop is to discover and remove the blocks that keep employees from working at their highest potential and to give them specific tactics to refocus, re-energize and recommit to successful habits that will grow your business.

#### **Our Workshop**

In this interactive session participants will:

- ✓ Discover common blocks that keep us from working at full potential
- ✓ Identify daily attitude choices that will inhibit or determine success
- ✓ Learn specific tactics to break free of blocked thinking or behavior
- ✓ Form specific actions to excel

Participants will leave the session not just energized, but also with tools that they can use throughout their career to continue to grow and get results.

#### **Contact information**

For further information on these sessions feel free to contact us at Advantage Coaching & Training, Inc., 480 East Roosevelt Rd; Suite 105, West Chicago, IL, 60185; phone: (630) 293-0210 x 102; email: [info@advantagecoaching.com](mailto:info@advantagecoaching.com).