



Workshop Abstract

Session: Habits of Success for Leaders

In truth, the only difference between those who have failed and those who have succeeded lies in the difference of their habits. Good habits are the key to all success. Bad habits are the unlocked door to failure. Thus, the first law I will obey, which precedes all others, is – I will form good habits and become their slave.

- Og Mandino (The greatest Salesman in the World)

We've seen it many times; participants will go to a workshop, reward trip or peer meeting and leave excited and full of many great ideas and then completely fail to implement the ideas to a level that truly transforms their business. They leave with the desire and intent to improve their business, but immediately return to old habits. In our "Habits of Success for Leaders" program we will help managers remove habits of thought and action that hold them back from leading at their potential and replace these with habits that will create greater satisfaction and results.

Our Workshop

In this interactive session leaders will:

- ✓ Cover key research concerning habit change.
- ✓ Understand their personal psychology behind habits that hold them back.
- ✓ Learn the keys to changing any habit.
- ✓ Discover how to tap into important emotions and drivers to make a personal habit change.
- ✓ Develop a specific and measurable plan for transforming a specific old habit into a new habit of success.
- ✓ Leave with a process that they can replicate to change any habit in the future.

If you can win complete mastery over self, you will easily master all else. To triumph over self is the perfect victory.

- Thomas Kempis

Contact information

For further information on these sessions feel free to contact us at Advantage Coaching & Training, Inc., 480 East Roosevelt Rd; Suite 105, West Chicago, IL, 60185; phone: (630) 293-0210 x 102; email: info@advantagecoaching.com.